

allgemeiner deutscher  
hochschulsportverband



Max-Planck-Straße 2  
D-64807 Dieburg  
Tel.: +49 / (0) 60 71 / 20 86 20  
Fax: +49 / (0) 60 71 / 20 75 78  
[friederich@adh.de](mailto:friederich@adh.de)  
[www.adh.de](http://www.adh.de)

## ***INFORMATION BULLETIN***

### ***INTERNATIONAL***

### ***GERMAN UNIVERSITY CHAMPIONSHIPS 2005***

# ***ORIENTEERING***

***Individual and Relay***

***Host: Darmstadt University of Technology***  
***co-operating with orienteering clubs: TV Alsbach and SV Mörlenbach***

***05./06. May 2005 in Darmstadt***  
***(30 km south of Frankfurt)***

***CLOSING DATE FOR ENTRIES: 20. April 2005 (Date of the postmark)***

**ORGANIZER:** German University Sports Association (ADH)  
**HOST:** Darmstadt University of Technology, Academic Sport Centre  
Orienteeing Clubs: TV 1898 Alsbach and SV Mörlenbach 1896  
**VENUE:** Darmstadt (30 km south of Frankfurt)  
**DATE:** Thursday, 05.05.2005 Relay  
Friday, 06.05.2005 Individual

***REGULATIONS FOR PARTICIPATION:***

Extract from the competition rules of the German University Sports Association (ADH).

- (1) In order for a person to be eligible to compete at the International German University Championships one must meet one of the following criteria;
  - a) Students who are officially registered for and pursuing a full time course at a university or similar institute whose status as a university is recognised by the appropriate national academic authority in their respective country.
  - b) Former students of the institutions mentioned in a) above who have just graduated are eligible to compete in the following calendar year.
  - c) A person who is a full-time employee of a university.
- (2) In order for a student to compete, one must have a student identification card or for the current semester a student certificate from the registration office stating ones registration number, for former students examination result transcripts as well as some form of photographic identification are required.
- (3) In order for a person who is a full-time employee of a university to compete, one must produce for the current semester a letter of confirmation from the personal office of where one works in the university along with some form of photographic identification.
- (4) The relevant documentation to compete (see (2) and (3) above) has to be available at all events for examination by either the host venue organiser or by a competition jury of appeal. The subsequent establishment of the absence of the relevant documentation to compete will result in immediate disqualification of the participant and the team for the entire event.
- (5) In the event of a participant being unable to produce the relevant documentation to prove his/her eligibility to compete, permission to compete will be refused unless the participant can adhere to the following;
  - a) Solemnly declare that he/she has the relevant documentation for eligibility to compete and will produce it within eight days (date of the postmark) at the German University Sport Association (ADH) offices.
  - b) Pay a penalty of € 15,-- to the host organiser.
  - c) Prove one's identity with some form of photographic identification.
- (6) The results are unofficial until the relevant documentation for eligibility to compete are produced within the designated eight days.

***ENTRIES:***

**On the official entry form to:**

Simon Harston  
Heinrichstraße 100  
D-64283 Darmstadt

**Email: idhm2005@hessen-ol.de**

**as well as a copy to:**

Allgemeiner Deutscher  
Hochschulsportverband  
Max-Planck-Str. 2

**D-64807 Dieburg**

Fax: +49 (0)6071 / 207578

Entries must meet the closing date for entries as stated on the official entry form and must be sent to the organizing host and to the adh head office.

Entries must also include the signature of the person responsible for sport in the applying university.

**Non-member universities** apply informal; the entry form has to be signed by the principal or by an authority of the student delegation.

**CLOSING DATE FOR ENTRIES:**     **20. April 2005** (Date of the postmark)

**LATE ENTRIES:**                     **until 30. April 2005** (incoming mail!)  
late entries will be charged an additional amount of  
**€ 5,- per person and start**

**ENTRY FEE:**                     € 12,-             per individual entry (Championships)  
  € 25,-             per relay entry (Championships)  
  € 10,-             Cup competition individual  
  € 20,-             Open relay class  
**Non-Member-Universities**  
  € 31,-             per individual entry (Championships)  
  € 120,-            per relay entry (Championships)

**DEPOSIT:**                     € 20,-             deposit for SI-chip (to be paid at the event centre)  
  € 2,-             charge SI-chip rent (to be paid at the event centre)  
**SI-chips can not be bought!!**

**The fees for entries, accommodation and breakfast** are to be paid via credit transfer to the hosting university before the closing date for entries **20. April 2005**

**Technische Universitaet Darmstadt,  
Stadt- und Kreissparkasse Darmstadt, BLZ: 508 501 50  
account number: 704 300,**

**Note: Deb.-Nr. 130 11 705 / IDHM OL - name of the university**

**FORFEIT:**

If one of the entries don't grant, additional you have to pay a forfeit about three entry fees.

**COMPETITIONS:**     **IDHM - International German University Championships:**  
**Thursday, 05.05.05:**     **Relay**  
Championships:     **Women's     approx.     3 x 4,8 km = 2x (3x 2,4km)**  
  **Men's         approx.     3 x 6,0 km = 2x (3x 3,0km)**  
Open class:             **Mixed relay approx.     3 x 3,0 km**  
**Friday, 06.05.05:**     **Individual event**  
Championships:     **Women's     approx.     7 km**  
  **Men's         approx.     10 km**  
Cup competition:     **A             approx.     6 km**  
  **B             approx.     4,5 km**

**NB:** The relay competition will take place the day before the individual race!

**Relay:** The relay competition will be arranged in park terrain around the university campus as a "double-sprint-relay". That means, that in the championship categories (Men/Women) each member of a relay team will have to run 2 courses of 2,4km (W) respectively 3,0km (M) with the 3rd runner changing over to the 1st runner again after the first round of 3 completed legs. The open class will run a sprint-relay with 3 legs, i.e. 1 course per runner just as usual.

**Individual:** The individual race will be arranged in hilly forest terrain. The courses of the cup competitions demand only basic navigation skills and orientate on clear guiding line-objects. They are adequate as well for beginners as for lower intermediates. Please consider carefully who you enter for the championship race and for the easier cup competition.

**COMPETITION RULES:** The competition rules of the German Orienteering Association will apply with the exception that women are allowed to start on a men's relay team.

**TERRAIN:** **Relay:** The terrain for the relay is a park including the university campus and sports stadium, larger parts of open grassland combined with smaller parts of wood, some buildings and man-made artificial objects, lots of footpaths, totally flat and (super)fast runability!

**Individual:** Typical hilly forest terrain of the "Odenwald" with quite a lot of tracks, mainly beechwood, broken by areas of grassland and fenced pastureland, in some parts stony and cluster of boulders.

**MAPS:** **Relay:**  
Scale 1: 5.000, Contours 2m, IOF-Norm (ISSOM), revised April 2005  
**Individual:**  
Scale 1:10.000, Contours 5m, IOF-Norm, revised April 2005

**CONTROL-DESCRIPTION:** IOF-Symbols (pictogram)

**CHIEF-ORGANIZERS:** Frederic Stumpf, Simon Harston, Markus Prolingheuer

**COURSE-PLANER:** Markus Prolingheuer (TV 1898 Alsbach)

**TECHNICAL DELIGATE:** Peter Müller (SV Mörlenbach 1896)

**TIME-KEEPING- & PUNCHING-SYSTEM:** SportIdent electronical punching-system will be used for time-keeping. Please specify the numbers of your SI-chips on the entry form. If you do not specify the numbers, we assume that you will rent the necessary SI-chips for an extra fee of € 2,- from the organizers.

**JURY:** N.N., representative adh  
Nikolaus Risch, head of orienteering in adh  
Peter Müller, technical deligate

**TIMESCHEDULE:** **Thursday, 05.05.:**  
from 13.00 h Event Centre opens for accreditation and information at the stadium of Darmstadt University, (all facilities – parking, competition site, showers and accommodation – within 500m)  
16.00 h IDHM, Relay, 1. mass-start  
from 18.30 h evening meal and drinks available in the students "Beer garden" close to the Event Centre, stadium and the competition site  
19.30 h Award ceremony  
from 21.30 h Party and get-together in the stadiums "party-hut"

**Friday, 06.05.:**

from 06.30 h Breakfast for registered athletes (please book in advance!)  
until 08.00 h check-out time for accommodation in the gymnasium  
(Please take 45 km / 50 min driving to the competition site of the individual race into account!)  
10.00 h IDHM, 1. Start of the individual race  
from 13.00 h Award ceremony at the competition site

**TITLE:** The winners will earn the titles of:  
"INTERNATIONAL GERMAN UNIVERSITY ORIENTIEERING CHAMPION 2005"

**AWARDS:** The first three ranked German participants of the IDHM will be awarded the ADH medals of gold, silver and bronze.  
Certificates for athletes ranking 1 to 6 in the individual champs, ranking 1 to 3 in the Relay, ranking 1 to 3 in the Cup competition.

**TRAVEL:** Darmstadt (30 km south of Frankfurt), TUD-Hochschulstadion (Stadium of the University of Darmstadt), Nieder-Ramstädter Straße (B449)  
**by train:**  
InterCity & EuroCity train-connections to Darmstadt centralstation via Frankfurt or Mannheim/Heidelberg. Bus or tram to the city-centre / "Luisenplatz", change to tram 9 direction "Böllenthal", exit at tramstop "Steinberg/Stadion" close to the public parking of the stadium and gymnasium, the entrance to the stadium of the university is in the north-east corner of the parking.

**by car:**  
– from South/West/North via motorways A5/A67, Exit "Darmstadt - Stadtmitte", follow the main road (B26 - "Rheinstraße") into the city-centre, through the tunnel and out of the city-centre again in eastern direction (once slightly right) until crossing with main road B449, turn right and follow the street ("Nieder-Ramstädter Straße") approx. 1,5km to the south, there is public parking on the left side in front of the stadium, the entrance to the university stadium is in the north-east corner.  
– from East via federal road B26 (motorway-like), at the traffic lights (big crossing outside town) turn left, follow for approx. 1,5km the street ("Heinrichstraße") to another big traffic light crossing (with road B449) and turn left, after approx. 1km further south the street ("Nieder-Ramstaedter Straße") there is a big public parking on the left side, the entrance to the university stadium is in its north-east corner.

There will be a detailed description and overview map published on our website [www.hessen-ol.de/idhm2005](http://www.hessen-ol.de/idhm2005) in april. A map and route-description to the venue of the individual competition on friday will be handed out on thursday in the Event Centre and also published on our website. If you have further questions concerning your travel plans contact us via email: [idhm2005@hessen-ol.de](mailto:idhm2005@hessen-ol.de)

**DISTANCES:** Event Centre with accommodation and competition site of the relay – everything is situated **within 500m** in the university stadium-complex.  
From the Event Centre (accommodation at the university stadium-complex) to the competition site of the **individual race on friday** it is ride of **45km / 50min by car**.  
In case you travel by train and need transport to the competition site on friday, please contact us via email in advance and we will try to help and find a suitable solution with you: [idhm2005@hessen-ol.de](mailto:idhm2005@hessen-ol.de)

**LODGING:** Gymnasium (**floor accommodation – you need sleeping bag and airbed**) or Camping on grass terraces within the stadium-complex (**bring your own tent**), cooking in the Gymnasium or in other rooms is strictly forbidden!  
**Costs: € 3,-- per person** (NB: only one night thursday to friday!)  
**please register for accommodation on the entry form!**

There is also possibility for accommodation in the youth hostel of Darmstadt (approx. 2km distance from the university stadium-complex), **self-booking:** Jugendherberge am Woog, Landgraf-Georg-Straße 119, D-64287 Darmstadt, email: [darmstadt@djh-hessen.de](mailto:darmstadt@djh-hessen.de), web: [www.djh-hessen.de/jh/](http://www.djh-hessen.de/jh/)  
In case you will arrive earlier than thursday noon and need accommodation for more than one night, we recommend board & lodging in the youth hostel!  
For other arrangements search the website of the hostcity Darmstadt [www.darmstadt.de](http://www.darmstadt.de) or contact us via email [idhm2005@hessen-ol.de](mailto:idhm2005@hessen-ol.de)

**FOOD:** Breakfast friday (only if booked in advance with your entry on the entry form!)  
**Costs: € 3,-- per person**  
**please register for breakfast on the entry form!**  
On thursday evening a variety of warm meals and cool drinks will be offered for sale at the students "Beer garden" (student prices) close to the Event Centre.  
For a better planning, please let us know how many people of your university we might expect to have their evening meal in the "Beer garden", so that the service-team will be prewarned to provide enough carbohydrates for all ;-)  
**please note your "interest for evening meal" on the entry form**  
Friday noon snacks and drinks will be offered at the competition site of the individual race, a regular restaurant is nearby

**INFORMATION:** Markus Prolingheuer, Tel.: +49 (0)6257 / 505872  
email: [idhm2005@hessen-ol.de](mailto:idhm2005@hessen-ol.de), Web: [www.hessen-ol.de/idhm2005/](http://www.hessen-ol.de/idhm2005/)

**LIABILITY:** The host and organiser accept no responsibility in the event of any loss or damage.

gez.: Thorsten Hütsch  
Head of Competition Sport  
in German University Sport Association (adh)

gez.: Annette Kunzendorf  
Director of the Academic Sport Centre  
at Darmstadt University of Technology

gez.: Prof. Dr. Nikolaus Risch  
Coordinator for Orienteering  
in German University Sport Association (adh)

gez.: Markus Prolingheuer  
Competition Organizer  
Orienteering club TV 1898 Alsbach